

#100daysofpractice

After my music courses over the summer, I decided to take up the 100 days of practice challenge. I started this on 22nd August. I find making videos particularly helpful (even if you don't post them anywhere) because you can hear your playing in a different way and you can also watch how you are playing, sometimes a mistake isn't as big of a deal as you think! Watching your playing is especially good because there might be an aspect of your technique that needs to improve which you didn't realise. So far it has been great fun to share my practice with my followers and has also helped to boost my confidence when playing! Some days I find it difficult to film a clip that I feel is good enough to post. I will spend more time getting the bit I want to sound good but also through doing this I improve smaller sections of my pieces/studies which I can then piece together to improve it as a whole. When choosing what I post on my account I like to try not to repeat the day before so my followers aren't hearing the same thing over and over again. I personally like to film my videos after my actual practice, I feel it makes my filming easier because I am already warmed up and have already been playing for an hour or so. If you want to see my progress please follow me @avabrulewalker on Instagram! I know I have quite a few days left to complete the challenge but strongly recommend it!

Ava Brule Walker

September 2019

Day 12 post

File

Message



Fwd: Amended article from Ava

Vanessa Gaidoni

14/09/2019 08:26

To: BVS;



129 views · Liked by **bvsyoungviolinists** and **keith_brayy**

avabrulewalker Day 12: Mazas Study No. 23 (Short Detached Strokes and Octaves). This study is really good but also pretty challenging (especially the octaves! Using this study I am continuing to work on left hand shape and flat hair on the bow as well as detached strokes and octaves (as in the title) x